


## QUARTERLY FEEDBACK REPORT

Organisation Name	SACRED
Project Title	Promoting the recognition and inclusion of carers of the disabled and mentally ill in India
Period covered by this report(eg. 1 <sup>st</sup> January to 31 <sup>st</sup> March2015)	

### 1. Project achievements:

a) Outline the progress you have made against the outcomes for this reporting period, noting where they have been met and providing a detailed explanation where they have not, including your plans for achieving them.

<b>OUTPUTS</b>	<b><i>Achievements for this quarter's reporting period: (eg. numbers of groups/meetings etc., brief explanation of activities carried out)</i></b>
<b><i>OUTPUT 2: 500 carers identified and needs assessed</i></b>	
<b>ACTIVITY 2.1</b> Carry out detailed baseline study using Carers Worldwide data collection tools as a means of measuring impact	Baseline information for 500 carers completed. Hard copies are available with SACRED with total information. All the 500 carers information to be computerised within 3 Months period. While collecting information on baseline data the carers are expecting to support major health problems such as chronic health problems particularly women health problems, chest and heart problems etc. it is observed many carers are looking forward majority of them are health and financial crisis. This information expressed by many

	carers. To tackle this issue required individual action plan and alternative support measures.
<p><b>OUTPUT 3: 25 meetings held in 60 communities to promote carers' needs and rights</b></p>	<p>In 45 communities created awareness on the needs and rights of carers and how to meet those problems discussed in carers group meetings. So for 34 group meetings held during the reference period. The activities of wall pictures and wall writings added to increase the awareness on the importance of caring for carers programme. In 9 villages from 2 mandals have been completed wall pictures &amp; wall writings.</p> 
<p><b>ACTIVITY 3.1</b></p> <p>Meetings facilitated by staff from SACRED and 5 community mobilisers, organised at village/block level and involving carers, families and community members; information shared via discussion, animation techniques, plays and songs</p>	<p>Community mobilizers, coordinator and CBR Project staff organised village level group meetings and block level Govt staff. The project staff involved to participate in group meetings, staff review and plan meetings etc during the reference period. 6 meetings held in 3 months period. they are recorded meeting minutes and in their tour plans. The information sharing such as 5 components of carers project displayed in flexies it explaining to the participants during carers group meetings and mandal level Govt Staff meetings. It has provided increased awareness on carers programme with government authorities in Thuggali and Peapully mandals.</p>

***OUTPUT 4: 25 carers groups formed and meeting monthly; 2 representatives from each group identified and trained in advocacy and organisational development***

34 Carers Groups formed and Organised Monthly meetings conducted regularly by Coordinator, Community mobilisers of the project. During the group meetings discussed about carer needs (Health, economic and social needs). Individuals, family social issues etc. Some of the carers realised about the care and its important if the carers are mentally healthy caring receivers of the life span will be increased and secured for the future.



**ACTIVITY 4.1**

500 carers made aware of the purpose and benefits of carers groups by staff of partner organisations and attending the groups regularly


412 members benefited in terms of awareness through carer group meeting. The purpose and it's carer groups understood about the present carer who is providing care whether mother or father more burden, they should understand the sharing's of other family members to take responsibility of caring. The 4 carers project staff with the help of concerned CBR Staff are responsible to conduct regular meetings at community level.

**ACTIVITY4.2**

5 community mobilisers trained to facilitate the carers groups


3 community mobilisers, co-ordinator and CBR Project staff had 2 days training inputs on resource mobilisation and why carers group meetings are important.




<p><b>ACTIVITY 4.3</b></p> <p>Carers group meetings held regularly, facilitated by 5 community mobilisers and providing a forum for carers to share issues, receive information, and become empowered to advocate for services and rights</p>	<p>34 carers groups continued meetings regularly to discuss individual savings regarding family social security benefits, to influence other groups in the community. The other group members provided support and encouragement to get benefits like other members in the community from various resources. It is a major achievements identified by Government authorities through SACRED Service approach. The Government authorities recognised their needs and why not main streaming carers in the society and support to meet their needs.</p> 
<p><b>ACTIVITY 4.4</b></p> <p>2 representatives from each group identified and trained in advocacy and organisational development including the social, economic and inclusion rights of carers</p>	
<p><b><i>OUTPUT 5: 3 Carers Associations registered, meeting regularly and strengthened through training on participatory governance and interacting with civil society stakeholders</i></b></p>	

<p><b>ACTIVITY 5.1</b></p> <p>One Carers Association formed and registered with appropriate authorities</p>	
<p><b>ACTIVITY 5.2</b></p> <p>Quarterly meetings of each Carers Association held attended by representatives from the 25 carers groups, facilitated by staff from SACRED and supported by community mobilisers; training on participatory governance conducted during the quarterly meetings</p>	
<p><b>ACTIVITY 5.3</b></p> <p>Annual Carers Day held each year in the first 2 years, followed by a Carers Week in the 3rd year with the aim of creating awareness of the needs and rights of carers and achieving recognition and subsequent policy changes for carers</p>	
<p><b>ACTIVITY 5.4</b></p> <p>Two day meeting between the 3 partner NGOs and the 3 Carers Associations (2 staff from each NGO and 2 representatives from each CA) to share experiences, strengthen skills and promote national level participation</p>	

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<p><b><i>OUTPUT 6: Stakeholders in civil society engaged through 6 meetings and 1 seminars held with district, state and national government staff from 4 departments and representatives from other district, state and national NGOs</i></b></p>	<p>SACRED has an opportunity to share caring for carers project concept at District level forum during MENREG Meeting organised by Govt in Kurnool. One more opportunity to share about carers programme with district level forum of RDT and other Govt Officials at regional office Guntakal. They are impressed and realised the importance of caring of carers programme in rural villages of remotod mandals of the project area.</p> 
<p><b>ACTIVITY 6.1</b></p> <p>Meetings facilitated by staff from SACRED and carer representatives and targeting district level government officials from Health, Rural Livelihoods, Woman and Child and Social Welfare departments and representatives from other NGOs to raise the issue of carers, their needs and the ways in which each department/NGO can include carers into their schemes and programmes</p>	

<b>ACTIVITY 6.2</b> Annual seminars held for relevant district, state and national authorities and NGOs to gain recognition of carers and CAs and advocate for policy change and provision of carer specific services	
<b><i>OUTPUT 7: TWO doctors trained on needs and constraints of carers and ONE trained counsellors making monthly visits to project areas</i></b>	
<b>ACTIVITY 7.1</b> Capacity building of local senior ranking medical professionals at primary health care centres	2 meetings took place with local primary health staff Anganwadi staff, IKP, Mandal level Govt Officers MDO &MEO to understand the carers project and it's future developments particularly carers of disabled people. They expressed with SACRED staff it is a challenging programme to motivate carers and bring the changes in their mind set .
<b>ACTIVITY 7.2</b> Trained counsellor with the skills needed to work with carers identified by SACRED	
<b>ACTIVITY 7.3</b> Each counsellor makes monthly visits to the project area and is available to meet on a one to one or group basis with carers, depending on need	

<p><b>OUTPUT 8: Livelihood options of 150 carers assessed and provision made (grant, microcredit, bank loan, government/NGO training schemes)</b></p>	
<p><b>ACTIVITY 8.1</b></p> <p>Needs of 150 carers assessed with regard to appropriate livelihood /training options for individual carers</p>	<p>Coordinator and Community mobilizers have done baseline data including 150 carers assessed regarding livelihood opportunities / training options of individual carers. This will be reported to you after completion of consolidation report by next quarter.</p>
<p><b>ACTIVITY 8.2</b></p> <p>150 carers provided with training required to take up chosen livelihood</p>	<p>SACRED has been following as a pilot programme on livelihoods to access individual carers in the project area. 8 carers are received finance for livelihoods during 6 months period. They are experiencing and earning good income source added family income expenditures. Each carer earning approximate IRS.2000/- to 3000/- per month as a profit.</p> 
<p><b>ACTIVITY 8.3</b></p> <p>150 carers provided with equipment/tools required to pursue their chosen livelihood via access to microfinance</p>	



<b>ACTIVITY 8.4</b> Establishment of alternative care provision where needed to enable carers to pursue livelihoods/training	
<b><u>Knowledge and Learning</u></b>	
Documentation of carers' voices from consultation meetings, documentation of life stories and annual participatory project review meeting with carers, facilitated by CW and partner organisations	Through training programmes gained the knowledge and skill learning's and practical experiences in their own community.
Dissemination of information and lessons learnt at district, state, national events	It is found with carers programme some evidences, life stories documented individual case studies . This information will be useful for the future evidences and its progress.

**b) Please provide information on any unexpected benefits arising from the activities.**

**What impact did they have on the Project?**

SACRED caring for Carers programme improved relationship with Government departments at Panchayath , Mandal, District level. It has influenced with government officials particularly **Swachh Bharat** and **MGNREG** programme. Under these schemes carers have been Supported and provided benefits such as Toilets Construction, Wages have increased under MGNREG IRS. 180/-. It has applied for about 142 carers (98 female, 44 Male) exercised MGNREG programme, receiving wages through post office Account regularly during the reference period. These schemes are accessed because the carers groups identified by the Government officials at Mandal level. Similarly the government officials promised to help any other schemes for carers, they are happy to consider any schemes as like others are receiving support from government. They fully

recognised caring for carers groups and treating separately as a new scheme in 3 mandals of the project area. It is a significant developments taking place since few months. It is also observed the coordinator and care mobilizers well influenced with government departments attending monthly meetings regularly.

**c) Please provide information on any difficulties that you experienced whilst implementing the activities? How were these difficulties overcome?**

While discussing with government officials by project staff about Carers programme they could not understand even not identified why this programme, who will benefit, what kind of benefits to whom this project. This kind of attitude and mindset was very strong since for the last one year. Now the carers are voice through groups. The government departments very keen observations on SACRED programme interventions in



rural areas of Kurnool district. There is hesitation from members are the group and not properly receiving services from SACRED in the beginning of the CBR programme during the year 2004. After few years the impacts of CBR programme enlightened the results with PWD's and

families in the community. The government authorities observed and provided support to SACRED programmes. Because most of the programmes are witnessed and its impact over the lives of PWD's at community, Mandal and District level.

Ex:- Mrs. Lakshmi, MMS Leader, Peapully Mandal observed Many mentally ill persons and carers stories witnessed by government officials directly/ indirectly at Mandal level.

We have been facing difficulty to find trained counsellor to work in rural areas. Most of the professionals are happy to run their clinics & Hospitals in towns and cities. We approached one trained counsellor in Anantapur. She demanded honorarium as well as hesitation to travel rural villages of Kurnool district. To find long term solution. We are planning to send one of the SACRED staff member to undergo training at NIMHANS, Bangalore. They agreed to conduct short term training for SACRED staff in the month of June or July 2015.

## **2. Lessons learnt:**

- a) With reference to section 1, please describe the key lessons that you have learnt during this reporting period.**

In the beginning in 2 Mandals named Thuggali and Pathikonda, Many carers are suspecting the community mobilizers and Coordinator sharing of carers programme during the discussions with them . The Community Mobilizers with individual discussions got different sharing's during home based visits, The whole story explained in detailed at home visits made by community mobilizers. In the group there are some hesitation to express more details about them, because it is first time for them to express whole lot of problems and issues. This area identified by community mobilizers and coordinator to collect more information from them . It is a good learning first time they are not interested to share even few problems to outside people. while meeting individuals twice or thrice began sharing's some of their personal problems even brought out during home visits. Later the same problems shared with other members in the group meeting. The community mobilizers have been improved relationship & trust discussions took place at their home visits. some examples which are successful Stories in Peapully mandal gave a good impression to the carers in Thuggali and pathikonda. The project staff encouraged to bring similar experiences to the mandal level review plan meetings. It is a challenging programme to witness in the public through various implementation measures.

- b) Please report on any activities which you have undertaken during this reporting period to disseminate the findings of the project.**

SACRED staff Participated in Praja Darbar ( Mandal Level Grievance cell )meeting in two mandals of Thuggali and Peapully. Coordinator explained the details of Caring for Carers programme, implemented in three mandals of the project area. The mandal level government officials asked the detailed objectives and its programme activities explain in detailed by the coordinator at the meeting. The government officers looked at the programme impacts and



appreciated SACRED efforts. This kind of development practical witnesses at village level ,individuals, families and over all community. Ex;- Mrs. Varalakshmi Mandal Parishath Development Officer {MPDO} expressed the importance of Caring for any person with sick or disabled or elder persons in the family. She explained her own experience ,being as a women, as a officer i had been providing caring needs day to day life to my children and my husband. Similarly every family has caring patterns by parents in our community. It dependence on the family need of the hold person responsible providing care for the whole family. Further she explained to the public what about severely disabled people and their carers, How much struggles are they facing day to day life. These are the people { Carers} required different care to support their health , social security, economic security as well. This will be first programme ( Carers Prog) will have lot of impact over the life's of carers and care receivers. If the Carers are provided support in all aspects and the care receivers will have more years life span. The government officials presented at public meeting Tahsildar, Medical Officer, MGNREG APO, DRDA IKP staff participated and appreciated SACRED efforts to success the Programme.

**c) Are there any significant lessons learnt from the Project which you think should be disseminated more widely?**

SACRED Demonstrating Caring for Carers programme to local government and local NGO's in the District. It influencing the programme interventions particularly 5 components of carers project and witnessed at village level with women VO's, Anganwadi schools, SHG's of PWD's in 3 mandals of the project. The programme coordinator had an opportunity to meet government authorities at District level addressing Carers project and its future objectives. It is initial stage but lot of impact over the life's of Carers and Care receivers. Mandal Vikalangula Samakyas (MVS), and Regional Action Committee {RAC} of Kurnool District identified this programme with evidences in their own village and disseminated to other members of Samakya and RAC at Regional level and District level to their own people.

#### 4. Additional information:

- If appropriate, please provide photographs (hard copies and electronic versions where possible) and/or additional materials illustrating the Project's progress over this reporting period.

#### I. Members and Details of Beneficiaries :

S.no	Carers Details	Female	Male	Total	Grand Total
1.	No. Of Adult Carers ( 18 years above)	350	146	496	500
2.	No. Of Child Carers ( 18 years below)	3	1	4	
3.	No. Of Adults with Disability being cared for	148	151	299	500
4.	No. of Children with Disability being cared for	65	94	159	
5.	No. Of Adults with Mental illness being cared for	26	16	42	
6.	No. Of Children with Mental illness being cared for	0	0	0	
7.	No. Of Carers profiles completed	353	147	500	

#### II. Details of Carer Groups :

S.no	No. Of Carer groups formed	34		
		Female	Male	Total
1.	No. Of Adult carers in the carer groups ( 18 years above)	285	119	404
2.	No. Of Child Carers in the carer groups ( 18 years below)	3	1	4
	<b>Total</b>	<b>288</b>	<b>120</b>	<b>408</b>

#### III. We have 1 case study enclosed **Annexure -1.**

Name Mr. M. Siva Shankar, Co-Ordinator, Mr. Madan Mohan Reddy, Mr. Thippanna, SACRED.

Date 11.04.2015

Please return your completed feedback report to [anil.patil@carersworldwide.org](mailto:anil.patil@carersworldwide.org) by the **10<sup>th</sup> of the month following the end of the quarter** (eg. for period 1<sup>st</sup> Jan to – 31<sup>st</sup> March 2015, 2<sup>nd</sup> the report would be due 10<sup>th</sup> April' 2015).

